

November 2006
Volume 4, Issue 2

HAMPTON ROADS COUNSELORS ASSOCIATION

IMPORTANT DATES

NOVEMBER 15-17
Virginia Counselors
Association State
Convention
Williamsburg Marriott
www.vcacounselors.org

NOVEMBER 15
Virginia School
Counselors
Association (VSCA)
Call for Conference
Programs due.
www.vasca.org

DECEMBER 1
HRCA General Meeting
REGENT UNIVERSITY
Classroom Bldg 228
12:30 – 2:30 P.M.

*** 2007 ***

JANUARY 29
Legislative Day
Richmond, VA

FEBRUARY 5-9
National School
Counseling Week

TBA
HRCA-Virginia Wesleyan

TBA
HRCA - Norfolk State

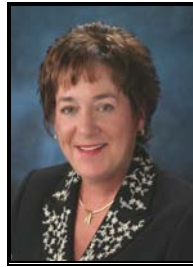
MARCH 15-16
VSCA Conference
Richmond
www.vasca.org

Newsletter Highlights

- ODU Highlights 2
- DECEMBER 1 Meeting 3
- Dr. Mark Yarhouse 3
- Executive Board 4

~ A Message from Our President ~

Today's Youth are Manifesting Problems with Relational Aggression and Increased Violence in Schools and Communities



"I deplore the manner in which, from early years, the child's education splits him or her: the mind can come to school, and the body is permitted peripherally to tag along, but the feelings and emotions can live freely and expressively only outside the school." We have been schooled for years to stress only the cognitive, to avoid any feeling connected with learning."

Carl Rogers (1980)

Carl Rogers made this observation about children and the climate of the schools over two decades ago. Since then, we have not made much progress in the well-being of our youth. Today, every behavior is a communication, and our youth are demonstrating very poignantly that they need our attention, as well as a need for meaningful relationships from caring adults. This has been revealed in the media on almost a daily basis.

Since the beginning of this school year, there have been 25 shootings at, or near schools nationwide. The recent rash of shootings evokes the same painful images like those seen during the school killings, at the turn of the millennium, most memorably at Columbine High School in Littleton, Colorado in 1999. Since the Columbine massacre, some experts say, the country has not done much to protect schools as some might think. "The common refrain over and over is we never thought it would happen here, and it is when we have 'it can't happen here mentality,' that is when we are most vulnerable," said Kenneth Trump of National School Safety and Security Services.

Between 1992 and 2002, 462 people — including students and faculty — were killed at schools across the country. Most

would agree that when it comes to children being killed at school, even one is too many.

School-Related Violent Death Summary Data

School Year	Total Deaths
2006-2007 (From 8/1/06 to present)	15
2005-2006	27
2004-2005	39
2003-2004	49
2002-2003	16
2001-2002	17
2000-2001	31
1999-2000	33
Total:	227

Source: National School Safety and Security Services (2006).

Accounts of these tragic incidents repeatedly indicate that in most cases, a troubled youth has demonstrated or has talked to others about problems with bullying and feelings of isolation, anger, depression, frustration, and relational aggression. While there is no foolproof system for identifying potentially dangerous students who may harm themselves and/or others, this checklist provides a starting point.

Inherently, youth today are experiencing social, emotional and cognitive deficits that interfere with their interpersonal and intrapersonal relationships. Youth across the nation are increasingly lacking critical *social, emotional and cognitive skills*. The indicators of emotional deficits manifest themselves in increased incidents of violence, suicide, and homicides. Social deficits manifest themselves

with poor peer relations, an inability to resolve conflicts, and to manage anger. Cognitive deficits place youth and adults at a disadvantage academically and reduce their career options making more vulnerable to criminal influences because they do not have the marketable skills to compete in a global economy.

One approach to dealing with school violence that has demonstrated significance is the character education initiative. Its return to national attention during the 1990s is based on the belief that the violence, dishonesty, drug abuse and sexual acting out of our youth have a common source: the absence of social emotional and cognitive skills. Character education seeks to help children understand and utilize core ethical values such as respect, responsibility, honesty, fairness, integrity, compassion, self-control and moral courage. Other sources for school/community intervention include the following websites:

Best Practices of Youth Violence Prevention: A Sourcebook for Community Action
<http://www.cdc.gov/ncipc/dvp/bestpractices.htm>

Virginia Best Practices in School-Based Violence Prevention
<http://www.pubinfo.vcu.edu/vabp/default.asp>

HRCA President
Rosemary A. Thompson, Ed.D.,
LPC, NCC, NCSC
Associate Professor
School of Psychology and
Counseling
Regent University



ODU Meeting – October 4, 2006

HRC A Fall Charity Support: Catholic Charities of Eastern Virginia



Founded to foster the development of wholesome family life in the community, the agency provides counseling for individuals and families under stress, and offers programs of education and prevention for strengthening family life. The agency advocates improvements in social conditions for individuals, families, the elderly and children.

Catholic Charities is a 501(c) (3) non-profit family service agency. *Established in 1932*, the agency has a long term investment in improving lives in our Hampton Roads Community. With five offices strategically placed throughout the Tidewater area, we provide caring services to all people of all faiths.

Catholic Charities is governed by an all-volunteer Board of Directors who supports our mission. The staff and volunteers of CCHR are eager to provide caring services to all people of all faiths.

We are supported by fees for services, grants, fundraising, individual and corporate gifts, memorials, bequests and the United Ways of South Hampton Roads, the Virginia Peninsula and Greater Williamsburg.

**ARCHIVES**

Erica Tolbert, counselor at Deep Creek Central Elementary School (Chesapeake) is a finalist in the "Marry Me" contest at MacArthur Mall in downtown Norfolk. The prize is an all expense paid wedding taking place on February 17th.

Voting takes place during the month of November. The winners are announced on Dec 17th and the wedding is to take place on February 17th. People can vote as many times as they want as long as they register, there are no restrictions. For more information about the contest, 1) Go to www.shopmacarthur.com 2) Click on Mall Info 3) Click on flashing box on left 4) Vote for Erica & Gerald (Couple #1), 6) Keep voting 7) Spread the word!!



"Marry Me" Contest Finalist
Erica Tolbert
HRC A Hospitality Chair

Send your ARCHIVE information to
E-mail to phayes@pps.k12.va.us or
donallpa@cps.k12.va.us /Subject: HRC A Archives.

HAMPTON ROADS ASSOCIATION OF CLINICAL COUNSELORS

A small and stimulating group of colleagues met for our Wine/Cheese Social on September 29. The value of such occasions was underscored by wide range of professional topics and convivial conversation and comments of those present. Particular thanks to Patricia Elkins for again handling hospitality. It was a fine spread! Among the topics discussed were legislative initiatives, about which Mike Nahl reported in detail. He encouraged the action below. Visit the vacc.org website for additional details. Members also discussed providing a representative from our group to participate at the VACC Board meetings each quarter. Consider taking one Friday a year to attend... perhaps riding to Richmond with Mike Nahl. VACC also projects a May 2007 local conference focused on medical issues that will include presentations on endocrinology and neurology and well as two hours of ethics training.

A pressing issue for Hampton Roads LPC's to address is the potential for inclusion as Medicare providers, which would lead to full TRICARE recognition and other benefits. The passage of S.B. 3500, the Rural Hospital and Provider Equity (R-HoPE) Act of 2006 and its companion bill in the House (HR6030) have a provision recognizing LPC's as Medicare providers. Go to the VACC website (www.vacc.org) and look to the menu on your upper left – click on Web Links on and then on Government Contacts and then on Federal Contacts.

ANNOUNCING FALL ACTIVITIES OF HAMPTON ROADS ASSOCIATION OF CLINICAL COUNSELORS

A workshop-presentation on Thursday, October 19, 2006, noon to 2:15, in the sanctuary space at Barry Robinson Center on the topic: Neuro-Psychology for the Non-Neuro-Psychologist (or LPC). Intended to provide licensees with current information for the development of knowledge and skills on Appraisal of Individuals, our speaker was Melissa Pence Psy, D., a post-doctoral Fellow associated with the Memory Clinic. Her presentation addressed neurological signs and symptoms, distinctions between neuropsychological evaluations and psychological evaluations, screening for appropriate referral, treatment options and case examples. Participation was expected to generate a certificate of participation in 2 hours of continuing competency activity (in appraisal).
Mike Barton, President

Suzanne Gregg, Ph.D. LPC Treasurer
Patricia Elkins LPC Hospitality
Jeanne Butler LPC Organizational Support
Michael Nahl LPC Emeritus



NEW ROOM ON CAMPUS

~ HAMPTON ROADS COUNSELORS ASSOCIATION ~
PROFESSIONAL DEVELOPMENT MEETING

December 1, 2006

WHERE: **Classroom Building, Room 228**, Regent University

WHO: HRCA Members and their Invited Guests

TOPIC: "Sexual Minority Issues in the School Setting: Challenges and Opportunities"

Mark A. Yarhouse, PsyD. Professor of Psychology at Regent University

Please join us at Regent University for our second professional development meeting of 2006-07 on **FRIDAY, DECEMBER 1, 2006**. **Steve Bruce**, Director of Marketing & Admissions for the School of Psychology and Counseling is providing desserts, coffee and tea.

SCHEDULE	
12:15-2:30 p.m.	Registration Check-In
12:30-1:30 p.m.	Presenter
1:30 – 2:30 p.m.	Meeting & Dessert

Make your reservation either by e-mail, sending the bottom portion of this form to **Suzanne Waterstruss** or **Joe New** **no later than Thursday, November 27, 2006** with either Suzanne at suzieho@cox.net or Joe at jnew@cceva.org. You also may **CALL** Suzanne at 238-0845 or Joe at 467-7707.

Name _____ Phone Number _____

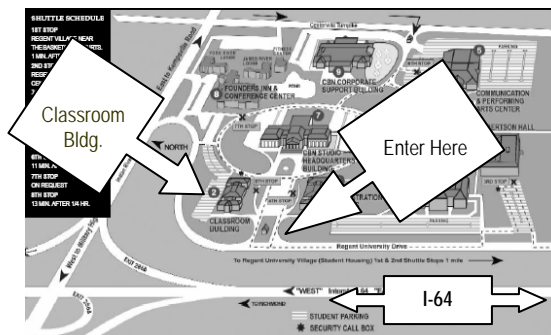
Guest(s) Name(s) _____ (if applicable)

(There is a **\$5.00 charge** for guests that may be paid at the registration table if reservation is made in advance.)

Member Status: Regular _____ Retired _____ Student _____ Emeritus _____

Travel Directions

To visit Regent University, take **exit 286B** from Interstate 64 at Indian River Road. The right hand lane will immediately offer merging into **Regent University Drive**, just before the entrance to The Founders Inn and Conference Center which also offers access to the Regent campus. **Check website for parking lots.**



HRCA members and their guests **MUST** make a reservation for **REGENT** to plan accordingly. In addition, we invite **ALL** mental health profession **STUDENTS** to attend this event. Invite your **PRACTICUM STUDENTS** and **INTERNS** to join us at the **REGENT LIBRARY ATRIUM** on December 1 from 12:30 p.m. – 2:30 p.m.

~ **Dr. Mark Yarhouse to Address December 1 HRCA Meeting** ~



Mark A. Yarhouse, PsyD. is a licensed clinical psychologist and Professor of Psychology at Regent University, Virginia Beach, Virginia. He is currently the director of the "**Institute for the Study of Sexual Identity**" at Regent University. The topic of "sexual identity" is at the center of several cultural discussions that have an impact on our most fundamental understanding of personhood.. In light of these discussions, and given the need to shed more light than heat on the topic, research is needed to help us understand the experiences of those who report same-sex attraction and how to help people navigate the course of sexual identity confusion. Dr. Yarhouse is co-author of **Homosexuality: The Use of Scientific Research in the Church's Moral Debate** (2000); **Sexual Identity: A Guide to Living in the Time Between Times** (2003), and **Sexual Identity Synthesis: Attributions, Meaning-Making, and the Search for Congruence** (2004). To learn more about this research initiative visit the site at www.sexualidentityinstitute.org

Watch for
**HRC&A
NEWS**
At

VCA
Convention

NOVEMBER
15-17

NEXT
ISSUE!

Don't forget to
make your
Reservation
for DECEMBER 1
at RU!



By Nov. 27

**PRESIDENT/
AWARDS**
Dr. Rosemary A.
Thompson
Associate Professor
Regent University
1000 Regent U. Dr.
Virginia Beach, VA 23464
H: 721-6115
W: 226-4700
C: 619-2984
roseth1@regent.edu

PRESIDENT-ELECT
Marilyn Draughon
5332 Balfor Drive
Virginia Beach, VA 23464
Red Mill Elementary
H: 366-0051
mdraughon@vbschools.com

PAST PRESIDENT
Jenise B. Bond
1228 Dewberry Dr.
Chesapeake, VA 23320
Center for Science &
Technology
H: 548-0016
W: 482-4450
F: 482-5559
jbbcounselor@aol.com

**PROFESSIONAL
DEVELOPMENT**
Sarah Williams
5333 Balfor Drive
Virginia Beach, VA 23464
Hunt-Mapp MS
H: 424-3855
W: 686-2512
SWWilliams1@cox.net

SECRETARY
Beth Bangley-Hayes
2712 Fayette Court
Virginia Beach, VA 23456
Great Bridge HS
ODU Adjunct
H: 563-9467
W: 482-4450
F: 482-5559
bbangley@odu.edu

SECRETARY-ELECT
Deborah Finlay
4236 Valencia Road
Chesapeake, VA 23321
H: 465-0585
W: 638-7920
dbfinlay@cox.net

TREASURER
Joe New
812 Stockley Gardens #10
Norfolk, VA 23507
H: 622-4890
W: 467-7707
jnew@cceva.org

TREASURER-ELECT
Dr. Suzanne Waterstruss
Salisbury
5585 Cabin John Drive
Va. Beach, Virginia 23464
H: 238-0845
W: 578-7080
suziehoo@cox.net

ADVOCACY
Frank Scaringello
5912 Upper Brandon Place
Norfolk, VA 23508
W: 558-2811
Frank.Scaringello@pps.k12.va.us

ARCHIVES
Patricia Hayes
2216 Locks Landing
Crescent
Chesapeake, VA 23323
Norcom HS
H: 485-8933
W: 393-5477
phayes2@cox.net

HOSPITALITY
Erica Tolbert
Deep Creek Central
Elementary School
2448 Shipyard Road
Chesapeake, VA 23323
H: 623-1626
W: 558-5354
tolbeejo@cps.k12.va.us

MEMBERSHIP
Doristine Earl
4728 Barn Swallow Drive
Chesapeake, VA 23321
Cradock MS
H: 488-5104
W: 393-8788
F: 393-5020
de7695@aol.com

NEWSLETTER
Larri Pat Donaldson
4948 Cliffony Drive
Virginia Beach, VA 23464
Sparrow Road Intermediate
H: 495-3729
W: 578-7050
F: 578-7054
donalipa@cps.k12.va.us

PUBLICITY
Holly Morgan
Great Bridge HS
W: 482-4450
morgahs@cps.k12.va.us

SCHOLARSHIP
Dr. Agatha Parks-Savage
Assistant Professor
Regent University
1000 Regent University Dr
Virginia Beach, VA. 23464
H: 482-2253
W: 226-4838
aparkssavage@regent.edu

**EX-OFFICIO MEMBERS
Chesapeake Public
Schools**
Janet Domazos
304 Cedar Road
Chesapeake, VA 23322
W: 547-0153 (ext. 186)
domazjse@cps.k12.va.us

Norfolk Public Schools
Joyce Beamon
18 Eleanor Street
Portsmouth, VA 23701
W: 441-0264
jbeamon@nps.k12.va.us

Norfolk State University
Dr. Norma Brumage
809 Gable Way
Virginia Beach, VA. 23455
nwbrumage@nsu.edu

Norfolk State University
Dr. Norma Brumage
809 Gable Way
Virginia Beach, VA. 23455
nwbrumage@nsu.edu

Old Dominion University
Dr. Alice McAdory
108 Rollins Hall
Norfolk, VA 23529
W: 683-3000
amcadory@odu.edu

**Portsmouth Public
Schools**
Virginia Folston
3651 Hartford Street
Portsmouth, VA 23707
W: 393-8885
Virginia.Folston@pps.k12.va.us

Regent University
Dr. Rosemarie Scotti-
Hughes
1097 Treefern Drive
Virginia Beach, VA 23451
rosehug@regent.edu

**Virginia Beach Public
Schools**
Dr. Alveta Green Sutton
Laskin Road Annex
1413 Laskin Road
Virginia Beach, VA 23451
W: 437-7580
F: 437-7652
alveta.sutton@vbschools.com



VCA CONVENTION
Williamsburg Marriott
50 Kingsmill Road
Williamsburg, VA 23185

HAMPTON ROADS
COUNSELORS ASSOCIATION
Friday, December 1
Regent University
12:30p.m.

Address Label