

Winter 2004

Volume 1, Issue 2

HAMPTON ROADS COUNSELORS ASSOCIATION

Counseling at the Crossroads: Pathway to the Future

~ A Message From Our President ~

- President's Message
- MARCH 18-19
VSCA Conference
- February 25
VIRGINIA
WESLEYAN
COLLEGE

Submit articles to
larri-pat@cox.net

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MAY
MEETING

NORFOLK
STATE

Hampton Roads Counselors Association is moving forward true to our theme for 2003-2004, "Counseling at the Crossroads: Pathway to the Future." There have been some important milestones since the last newsletter. First, Hampton Roads Counselors along with the Peninsula Counselors, Eastern Shore and Western Tidewater Associations hosted the Virginia Counselors Association statewide professional development convention in Williamsburg on November 19-21, 2004. It was a resounding success and we will gain revenue from our support.

Next, I am excited to report that on January 7, 2004 "The Standards for School Counseling Programs in Virginia Public Schools" were accepted by the State Board of Education and distributed throughout the Commonwealth. This is a significant event that clarifies and validates the work that counselors do in the public schools.

VCA Legislative Day was held on January 26, 2004. It is a productive time when counselors from across the state seek to have a dialogue on important education

issues with their legislators. Our lobbyist in Richmond will continue to represent VCA's position throughout the remainder of the General Assembly session.

The Hampton Roads School Counseling Leadership Team held its fourth meeting and is moving ahead with its collaborative effort between professional organizations including HRCA, school districts, and local universities to enhance the opportunities for training new school counselors and establishing rapport on other school counseling issues. This multi-faceted initiative is truly innovative in our state, and is paving the way for cooperation between the various stakeholders in delivering high caliber school counseling services and advancing professional development.

Being proactive and producing high caliber professional development events is costly. Although the VCA has only one part time Director and one part time secretary, recommendations have surfaced that indicate both positions would be more effective if they were to be on a full time basis.

Therefore, this past July the VCA Executive Board voted to align its policies and by-laws and to **require members who join their local chapters to also join VCA.** If you are renewing your membership, you should note that change on the new website. Some print applications may still exist that do not show that requirement. Please disregard those print versions and be aware that all counselors joining chapters must join VCA. Division membership remains optional, as does membership in ACA.

At the local level counselors continue to seek to understand the impact of various legislation on our profession. We should be vigilant and aware of what is happening both to our clients, and the organizations that employ our services. HRCA's Executive Board encourages you to become involved in professional development.

Beth B. Bangley,
President HRCA



Avalyn Chambers and Robin

Gilbert, Chesapeake Elementary Counselors, enjoy their break time at Convention 2003

MEMBERSHIP:
Don't Leave HRCA
MEMBERSHIP:
Don't Leave HRCA
Without It!

know a counselor, or intern who is not a member of HRCA? Do you know why not?

What makes any organization stand out over others is its members and the gifts, talents, character, experiences, and expertise

they bring to the group. The Hampton Roads Counselors Association membership has historically set a standard known statewide.

We want to regain our status one the largest chapters in the state, but we

need your help. First, RENEW your membership. Second, INVITE a colleague to ATTEND the Professional Development meetings and join HRCA.

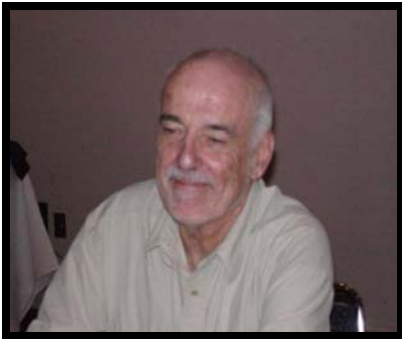
We're at the Crossroads!

HRCA was one of the Host Chapters for Convention 2003.

We join members of the Eastern Shore Peninsula and Western Tidewater chapters.

Internet Communications Skip Earl, Chair

BEKEYEDUP!



Skip Earl
Internet
Communications
Chair

Internet Communication, a new position on our Executive Board visualizes several helpful functions. First, we can set up an e-mail "tree" that will send you reminders of our meetings and deadlines several days ahead. We could also use this as a comment or chat page for circular sharing. Of course, you would have the opportunity to agree to be on an individual e-mail list or a group e-mail list. This will not be "spam" but only helpful and necessary information. If you really think this is a good idea, send me an e-mail right away and we can get started. (Note that my address is not two "L"s but the "L" at the

ending of Earl followed by the numeral one: skipearl1@cox.net).

A second idea is work toward a Web page or tie into the state page. Go see www.vcacounselors.org/ (some parts stills under construction) for some pleasant and professional surprises. So I am in self-training to become your Web Master. Nothing kinky there, just I will be working on a Web page for HRCA. At first it will be a long title but we are checking into the expense of a Domain Title. Thirdly, we can share helpful web pages for our work as counselors. I already have a ready list (www.) in

bookmarks (favorites) including such pages as nbcc.org (certification information), counseling.org (ACA), www.loyola.edu/ACASR (ACA Southern Region Homepage), www.collegecounseling.org/ (ACCA), and www.amcd-aca.org/ (Multicultural Counseling). What are your favorite counseling web sites? Please send them on to me.

Stay tuned (or should I say stay keyed in) for further ideas. Help me out for your ideas and addresses.

Cheers, Dr. Walter Skip Earl



~ Hospitality Committee ~

Nancy Rosenberg, Chair

Bears on Patrol

There are special patrol assistants riding with most law enforcement officers these days. These assistants have never been through the police academy, they don't carry handcuffs or radios, and they don't issue speeding tickets -- they're teddy bears.

The Bears on Patrol Program is designed to reduce the trauma suffered by children

exposed to violence, abuse and other upsetting incidents. The program issues teddy bears and other stuffed animals to patrol officers, who keep them in their police cars. When officers encounter children in traumatic circumstances, they give the bears to them.

Officers report that the teddy bears have been very useful in

counseling and comforting troubled children, who can keep the bears with them. If you would like to help HRCA donate bears to local Bears On Patrol programs, a raffle ticket (or two) at our February General Membership meeting will do the trick!



Assistant Chief George Bennett with bears donated by a local civic organization.

HRCA will support our local police programs "BEARS on Patrol" with a raffle this General Membership meeting.

TEDDY BEARS



FEBRUARY!!

ODU HOSTS FIRST HRCA MEETING THIS YEAR





ARCHIVES

Teri Thomas, Chair

AWARDS

N O M I N A T I O N S

YOU ARE IMPORTANT!

We invite all Hampton Roads Counselors Association members to inform the Archives Committee of any professional or community activity you have been involved in this year.

Did you present a workshop for parents or faculty? Will you be presenting at the VCA Convention in November or the VSCA in March? Are you a community Thespian? Do you serve at the local soup kitchen as a volunteer? Have you been recognized by your faculty or office for bringing a uniqueness to your job?

TELL US ABOUT IT!

Please do not hesitate to share your experiences with HRCA. By letting us know of your accomplishments and activities, the other chapters around the state will see how special the members of Hampton Roads Counselors Association are and how you contribute to your community.

Contact Teri Thomas, ARCHIVES Committee Chair, with your information at the **NOVEMBER 6 HRCA General Membership Meeting at Old Dominion University.**

WHAT WE'D LIKE TO KNOW

You may write a brief paragraph and submit it to the newsletter editor (photos optional). Include name, work place (school & city), brief description of activity, and date(s). If other HRCA members participated, include their names and work place.

Teri Thomas
Archives Chair

FEATURING...

CONGRATUALTIONS to **Teri Thomas** for receiving a scholarship from the Portsmouth Schools Foundation to attend the VSCA conference in March!!

Creolia Brickers and **Cov Pack**, Chesapeake Elementary Counselors, were selected as their schools' **TEACHER OF THE YEAR!**



HRCA Charity Raffle for May 2004

Relay For Life is a unique, challenging, and fun way to raise money for the American Cancer Society in a community, large or small-and to raise awareness of cancer and the work of the American Cancer Society.



Awards Nominations Needed

Each year HRCA bestows several awards to members in recognition of their outstanding accomplishments. The recipients of these awards compete at the state level with nominees from other chapters. Awards presented are the Career Service, Counselor of the Year, and the Humanitarian and Caring Person of the Year Award.

The deadline for nominations is March 26. Forms will be available at the February 25 HRCA meeting or you may contact Jenise Bond, Chairperson of the Awards Committee at Great Bridge High School in Chesapeake for more information.

~ HAMPTON ROADS COUNSELORS ASSOCIATION ~
PROFESSIONAL DEVELOPMENT MEETING

February 25, 2004

WHERE: Virginia Wesleyan Dining Hall, Batten Center, Virginia Wesleyan College

WHO: HRCAs Members and Their Invited Guests

WHAT: Presentation on Kinship Care and Encouragement for Counselors
"What's On Your Feet?"
Dr. Clifford Barnette

Please join us at Virginia Wesleyan College for the second professional development meeting of HRCAs on **Wednesday, February 25, 2004**. Our host, VWC Office of Admissions, provides lunch.

SCHEDULE	
12:30 - 12:45 p.m.	Registration/Check-In
12:45 - 1:00 p.m.	Greetings/Info from Hosts
1:00 p.m.	Lunch Served
1:30 - 2:30 p.m.	Speaker – Dr. Barnette

To make your reservation you must **e-mail, mail** or **fax** the bottom portion of this form to Mr. Joe New, HRCAs Treasurer-Elect, no later than **Thursday, February 19, 2004**. Fax: (757) 455-0833, or E-mail Joe at newjp@drs.state.va.us

Directions to Virginia Wesleyan College:

VWC is located on Wesleyan Drive off Northampton Boulevard. From 64 East take exit 282 (Northampton Blvd./Route 13). Go through one light and turn right at the next onto Wesleyan Drive. From 64 West take exit 282, staying to the right and turn right onto Wesleyan Drive. Proceed past Norfolk Academy and turn right into VWC. Enter VWC's campus and turn left at the stop sign after the Guard House. Follow the driveway to the circle. At the circle, bear to the right and make your first right. Turn left into the parking lot. There are also spaces available in the parking lot on the right. Enter the Dining Hall through the glass doors and proceed straight down the hallway and enter the Dining Room. If you park in the parking lot on the right, enter the Batten Center doors and proceed down the hallway passing by the trophy cases and aquarium. At the aquarium and clock tower, turn left and follow the hallway into the dining area.

Name _____ Phone Number _____

Guest Name _____ (if applicable)

(There is a **\$5.00 charge** for guests that may be paid at the registration table if reservation is made in advance.) Member Status: Regular _____ Retired _____ Student _____ Emeritus _____

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2003-2004**

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Now, go make
that
reservation
for
**FEBRUARY
25** while you
have this
newsletter in
your hand!
Do it before
you forget or
misplace this!

**RESERVATIONS
for February 25**

Joe New

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**HAMPTON ROADS
COUNSELORS ASSOCIATION**

**~ FEBRUARY 25 ~
VIRGINIA WESLEYAN COLLEGE
PROFESSIONAL DEVELOPMENT
MEETING**

MEMBER STICKER