

Fall 2003

Volume 1, Issue 1

HAMPTON ROADS COUNSELORS ASSOCIATION

Counseling at the Crossroads: Our Path to the Future

~ A Message From Our President ~

- President's Message.
- CONVENTION TIME IS HERE! VOLUNTEER!!
- November 6 OLD DOMINION UNIVERSITY

Submit articles to
larri-pat@cox.net

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As we move into the fall season with all its numerous activities, Hampton Roads Counselors Association launches a new season of business with goals for the continued professional development of our members. The 2003-2004 theme for our association is "Counseling at the Crossroads: Pathway to the Future."

Indeed, there is much going on in profession. Hampton Roads Counselors Association challenges all counselors in the area to join the ranks, become active in the organization, as well as the Virginia Counselors Association and its divisions. The Executive Board has already met twice and planned three informative professional development meetings. Old Dominion

University, Virginia Wesleyan College and Norfolk State University will provide lunch for us followed by a dynamic program sponsored by HRCA. Our first professional development meeting is hosted by **Old Dominion University on November 6, 2003**. We are very excited to be on campus and hear from **Dr. Vivian Ripley Lee** about the "Changing Role of the School Counselor" as counselors and educators alike strive to understand the implications of the federal "No Child Left Behind" legislation.

There are other major factors affecting the future of school counseling. School counselors must become familiar with the new model for

comprehensive school counseling programs based on the American School Counseling Association model. Last but not least, we are excited that the new "Standards for School Counseling Programs in Virginia Public Schools" are in the process of being adopted by the State Board of Education. Changes of this scope also have a ripple effect, which impact the realm of licensed professional counselors.

This is indeed a year of change. We invite all counselors to get involved and participate in HRCA. The Executive Board is still in need of a couple of committee chairs. If interested, please contact Beth Bangley at 482-4450. See you at our meetings!

MEMBERSHIP: Don't Leave HRCA Without It!

Do you know a counselor, therapist, or intern who is not a member of HRCA? Do you know why not?

What makes any organization stand out over others is its members and the gifts, talents, character, experiences, and expertise

they bring to the group.

The Hampton Roads Counselors Association membership has historically set a standard known statewide.

We want to regain our status one the largest chapters in the state, but we

need your help.

First, RENEW your membership.

Second, INVITE a colleague to ATTEND the Professional Development meetings and join HRCA.

We're at the Crossroads!



November 19-21

HRCA is one of the Host Chapters for Convention 2003. We join members of the Eastern Shore Peninsula and Western Tidewater chapters.

Virginia Counselors Association Convention

Counselors Helping to Chart Success in the Commonwealth

The VCA convention is an annual professional development opportunity for counselors who work in a variety of settings. The goal of the convention is to offer a breadth and depth of programs for both new and experienced counselors. The convention draws

counselors from across the state of Virginia and offers exhibits representing a wide variety of educational programs and products.

The Virginia Counselors Association has a new website loaded with information and a screen to join online. Checking their website is a wonderful way to learn what is happening at the state level. The address

is www.vcacounselors.org.

The Virginia Counselors Association Convention will be held at the **Williamsburg Marriott** on **November 19-21, 2003**. This is a fantastic opportunity to network, learn new skills and acquire new information about the profession. a new product.

Deadline for early registration is October 22.

NEW COMMITTEE: Internet Communication Skip Earl, Chair

BE KEYED UP!

Internet Communication, a new position on our Executive Board visualizes several helpful functions. First, we can set up an e-mail "tree" that will send you reminders of our meetings and deadlines several days ahead. We could also use this as a comment or chat page for circular sharing. Of course, you would have the opportunity to agree to be on an individual e-mail list or a group e-mail list. This will not be "spam" but only helpful and necessary information. If you really think this is a good idea, send me an e-mail right away and we can get started. (Note that my address is not two "L"s but the "L" at the

ending of Earl followed by the numeral one: skipearl1@cox.net).

A second idea is work toward a Web page or tie into the state page. Go see www.vcacounselors.org/ (some parts stills under construction) for some pleasant and professional surprises. So I am in self-training to become your Web Master. Nothing kinky there, just I will be working on a Web page for HRCA. At first it will be a long title but we are checking into the expense of a Domain Title. Thirdly, we can share helpful web pages for our work as counselors. I already have a ready list (www.) in

bookmarks (favorites) including such pages as nbcc.org (certification information), counseling.org (ACA), www.loyola.edu/ACASR (ACA Southern Region Homepage), www.collegecounseling.org/ (ACCA), and www.amcd-aca.org/ (Multicultural Counseling). What are your favorite counseling web sites? Please send them on to me.

Stay tuned (or should I say stay keyed in) for further ideas. Help me out for your ideas and addresses.

Cheers, Dr. Walter Skip Earl



*Williamsburg Marriott
Convention Center*



~ Hospitality Committee ~

Nancy Rosenberg, Chair

Bears on Patrol

There are special patrol assistants riding with most law enforcement officers these days. These assistants have never been through the police academy, they don't carry handcuffs or radios, and they don't issue speeding tickets -- they're teddy bears.

The Bears on Patrol Program is designed to reduce the trauma suffered by children

exposed to violence, abuse and other upsetting incidents. The program issues teddy bears and other stuffed animals to patrol officers, who keep them in their police cars. When officers encounter children in traumatic circumstances, they give the bears to them.

Officers report that the teddy bears have been very useful in

counseling and comforting troubled children, who can keep the bears with them. If you would like to help HRCA donate bears to local Bears On Patrol programs, a raffle ticket (or two) at our March General Membership meeting will do the trick!

TEDDY BEARS



In MARCH!!



Assistant Chief George Bennett with bears donated by a local civic organization.

HRCA will support our local police programs "BEARS on Patrol" with a raffle at our March General Membership meeting.

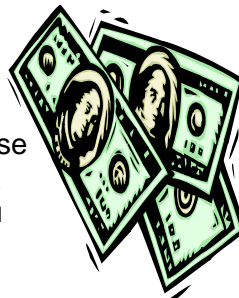


ARC Disaster Relief Fund Running on Empty: HRCA General Membership To Help Fill Void CHARITY FOR NOVEMBER 2003

While the Disaster Relief Fund has been steadily drained by a series of disasters this year, it received a final blow by Hurricane Isabel.

That's why your Board of Directors has chosen The American Red Cross Disaster Relief Fund as its first charity

of the year to support with a raffle at the General Membership meeting. Take the opportunity to purchase a raffle (or two!!) for a mere \$1.00 when you sign in at the registration table on **November 6 for the General Membership meeting at Old Dominion University.**





ARCHIVES

Teri Thomas, Chair

2002-2003
HRCA
AWARDS

CAREER SERVICE
Holly Morgan

COUNSELOR OF THE YEAR
Lee Bond

HUMANITARIAN AND CARING PERSON OF THE YEAR
Dr. Rosemary Thompson

CHAPTER MEMBER OF THE YEAR
Dianne Fish

Congratulations to these Hampton Roads Counselors for their outstanding accomplishments! The recipients of these awards are eligible to compete at the state level with nominees from other chapters in the Virginia Counselors Association. Again, congratulations!

YOU ARE IMPORTANT!
We invite all Hampton Roads Counselors Association members to inform the Archives Committee of any professional or community activity you have been involved in this year. Did you present a workshop for parents or faculty? Will you be presenting at the VCA Convention in November or the VSCA in March? Are you a community Thespian? Do you serve at the local soup kitchen as a volunteer? Have you been recognized by your faculty or office for bringing a uniqueness to your job?

TELL US ABOUT IT!
Please do not hesitate to share your experiences with HRCA. By letting us know of your accomplishments and activities, the other

chapters around the state will see how special the members of Hampton Roads Counselors Association are and how you contribute to your community.

Contact Teri Thomas, ARCHIVES Committee Chair, with your information at the **NOVEMBER 6 HRCA General Membership Meeting at Old Dominion University.**

WHAT WE'D LIKE TO KNOW
You may write a brief paragraph and submit it to the newsletter editor (photos optional). Include name, work place (school & city), brief description of activity, and date(s). If other HRCA members participated, include their names and work place.

IN THIS ISSUE...

FEATURING...

Dr. Walter Skip Earl, Emeritus Member, spoke at the Chesapeake Bay Sierra Club at the Virginia Beach Central Library on September 08, 2003. His listed topic was: "EARTHWATCH, adventure fieldwork on a budget. Dr. Walter Skip Earl will share experiences from nine Earthwatch adventures, including Easter Island, Africa, Israel, South America, Pompeii, and Venice. Dig a 67 million year old hadrosaur in This-Side-of-Hell, Wyoming, or plot artifacts 28 stories underground in Kentucky while you stay in tents or college dorms. Come hear Skip talk about current projects and how you can help the world."

AND FROM THE JULY 24 issue of the Virginia Beach "Beacon"...

Local Counselors Learn Lots
A cover story highlighted the work of area school guidance counselors who visited various businesses to learn of their needs and offerings through an 'schools/TCC partnership.' The Tidewater Tech Prep Consortium, a partnership of area secondary schools and Tidewater Community College, sponsored a "Tech Prep Trek" throughout Hampton Roads from July 14 to 16. About 60 guidance counselors from Virginia Beach, Chesapeake, Norfolk and Portsmouth (our HRCA member area!) visited businesses to learn about the options available to students in vocational classes or those not immediately going to a four-year degree program.

HRCA Charity Raffle for May 2004

Relay For Life is a unique, challenging, and fun way to raise money for the American Cancer Society in a community, large or small-and to raise awareness of cancer and the work of the American Cancer Society.



~ HAMPTON ROADS COUNSELORS ASSOCIATION ~
PROFESSIONAL DEVELOPMENT MEETING

November 6, 2003

WHERE: Hampton Room, Webb Center, Old Dominion University

WHO: HRCA Members and Their Invited Guests

WHAT: **“The Changing Role of the School Counselor”**
Dr. Vivian Ripley Lee, Professor Old Dominion University
Chairperson of the Hampton Roads School Counseling Leadership Team

Please come and join us at Old Dominion University for our first professional development meeting on Thursday, November 6, 2003. Our host, Old Dominion University, Office of Admissions, provides lunch.

SCHEDULE	
12:30 – 12:45 p.m.	Registration/Check-In
12:45 - 1:00 p.m.	Greetings/Info from Hosts
1:00 p.m.	Lunch Served
1:30 - 2:30 p.m.	Speaker

To make your reservation you must **e-mail, mail** or **fax** the bottom portion of this form to Mr. Joe New, HRCA Treasurer-Elect, no later than **Monday, November 3, 2003.**

Address: Joe New, Virginia Department of Rehabilitative Services, 861 Glenrock Rd., Suite 202, Norfolk, VA. 23502, Fax: (757) 455-0833, or E-mail Joe at newjp@drs.state.va.us

Directions to Old Dominion University, Webb Center and Parking Information:

Turn onto 49th St. from Hampton Blvd. As you approach the Webb Center, *there is a gated courtyard parking lot. **Simply inform the guard you are an HRCA member.*** Overflow parking is available once the gated lot is full by taking a left at the next corner and entering Lot 27. No ticketing will be done in Lot 27 during the meeting time.

Name _____ Phone Number _____

Guest Name _____ (if applicable)

(There is a **\$5.00 charge** for guests that may be paid at the registration table if reservation is made in advance.)

Member Status: Regular _____ Retired _____ Student _____ Emeritus _____



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2003-2004**

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Now, go make
that
reservation
for
**NOVEMBER
6** while you
have this
newsletter in
your hand!
Do it before
you forget or
misplace this.

**RESERVATIONS
for November 6
at ODU**

Joe New

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**HAMPTON ROADS
COUNSELORS ASSOCIATION**

~ NOVEMBER 6 ~
**OLD DOMINION UNIVERSITY
PROFESSIONAL DEVELOPMENT
MEETING**

MEMBER STICKER